

ASK the HealMobile ABOUT REIKI

What advice do you have for someone looking to hire a Reiki practitioner?

Learn why Reiki is the leading energy modality in the U.S. since its introduction over 40 years ago. Explore Buddhist, Ayurvedic, Amerindian, African and other healing approaches (e.g., *unani*) before your visit. Consider the session an opportunity to both learn and teach. The space is open for good energy to flow. Honor your gut feelings.

If you were looking, what do you wish you knew about Reiki?

Any secrets to share?

There are many energy systems -- *chi gun (qigong)*, *tai chi*, yoga, chakras and *feng shui* – and all of them open up a person to be happier and more harmonious with their inner being and higher self. The secret is choice and trust. You manifest whatever you think about, deep inside that resourceful and attractive subconscious mind. The universe responds by giving it whatever is in it! Examine and FEEL your thoughts to keep your energy high and to stay on the road towards fruitful, magnetic bounty.

What questions should I ask to hire the right Reiki professional?

How long have you been doing Reiki?

A: 8 years

Will I have to take off my clothes or jewelry?

A: No, although the less jewelry the better

Why do you prefer doing Reiki in Union, NJ?

A: The Sanctuary is a stress-free environment.

What important information should I have thought about before seeking you out?

Have an understanding of yourself as Spirit having a human experience. Everything is Everything in divine coincide-dance—no accidents. You are on a journey towards your greatest good. What is your vision? Your life purpose?

Why does your work stand out from others who do what you do?

Niamo “is” the Healmobile and she “drives” it as well; been driving for almost 50 years. She is clairvoyant and an empath, a world traveler and a spiritual/religious metaphysician. She is a stand for your energy to be strong and witnessed. She creates the space for listening your life in complete safety, and affirms your own wisdom for sustaining positive, vitalizing emotions.

What do you like most about Reiki?

Reiki keeps Niamo in a state of receptivity for whatever is present and what’s next. Doing Reiki on herself expands mind-heart-spirit and softens emotions—her own and that of others.

How do you keep up with the latest developments in Reiki?

Memberships keep us empowered, protected and well-trained with refresher courses.

- Healing Touch Professional Association (Texas)(*provides our liability insurance*)
- African Holistic Health Chapter of New York
- Association for the International Research of Aromatic Science and Education (Utah)
- Institute of Spiritual Healing and Aromatherapy (Colorado)

Describe recent jobs you've completed.

1. Elderly woman, 85, osteoarthritis in hips, legs and feet. Weekly Reiki decreases pain and calms the recipient. Essential oils also used which enhance the effect.
2. Male, 61, stiff necked with shoulder pain for years due to injury. Bi-weekly sessions for 3 months decreased pain and increased range of motion. He no longer held his head to the side as was his custom.
3. Female, 45, diabetic with fibromyalgia symptoms. Monthly Reiki anointments immediately resolved pain and decreased need for insulin.

What other energy systems do you use, if any?

In addition to the *byosen* scanning of traditional Japanese Reiki, Niamo uses Emotional Freedom Technique™ (tapping), Healing Touch™, and Vita Flex, a form of reflexology (part of the Phoenix Foot Bath detoxification). She also teaches womb dance movements to enhance women's Feminine Principle. Niamo uncovers body-mind-spirit preferences using muscle-testing as well as bio-technology of Zyto Compass. This hand-to-cradle technology shows people how *nature's living energy* can relieve suffering. Nature's living energy refers to uncut, medicinal-quality essential oils from the premier company Young Living Essential Oils (Member #952900).

What other holistic healing professionals are associated with you?

The HealMobile Team includes an Acupuncturist, astrologer, chiropractor, coach, dentist, environmental expert (asbestos, lead, mold abatement), M.D., naturopath, OSHA expert, pranic energy healer, as well as social workers and teachers among the many parents and community leaders who travel with us.

Niamo Nancy Muid-Davis

MSUP, CHHC, Ordained Minister-Practitioner, Reiki Master Teacher

The Sanctuary, 2167 Kay Ave. #1, Union, NJ 07083, (201) 966-1170

<http://TheHealMobile.com>

